

## **P – Quiet Lip Puffing Sound**

“What are we doing when we make this sound? (Produce sound, over-exaggerating the bursting action of the lips and keeping the voice off.) That’s right! We’re using our lips – we put them together. Put your hand in front of your mouth and make that sound. Do you feel air coming out? Does it come out slowly, or is it puffing out? Right, it’s puffing out! We could call this a lip puffing sound. Is your voice on or off? Oh, this must be a quiet lip puffing sound. (Show picture.) The first thing I see in this letter is the line with the lips, telling me to put my lips together. The circle is at the top of the line, reminding us of the tall mother who’s always very quiet so her baby can sleep. Let’s keep our voices off and make that sound, ‘P.’”

*Hand cue: Hold fingers up to closed lips and quickly move them away.*