

## **K – Quiet Choking Sound**

“How do we make this sound? ‘K.’ (Student may want to look in a mirror to see where and how this sound is being produced.) What am I doing? ‘K-k-k-k.’ (Lightly put your hands around your throat while making choking sounds.) It almost sounds like I’m choking in the back of my throat, doesn’t it? The back of my tongue is actually scraping in the back of my throat. Try it with me, ‘K-k-k-k.’ Is your voice on or off? Right, it’s the quiet choking sound. (Show picture.) Do you see this little boy with the very long neck? He’s getting ready to go to a big party and his mother’s arms are coming in to tie his bow tie. She’s making it a little too tight and he’s starting to choke a little, making quiet, choking sounds, like this, ‘K-k-k-k.’ Can you make that quiet choking sound?”

*Hand cue: Put hands on your neck as if choking.*