F – Quiet Lip Biting Sound

"When I make this sound, 'Fffff,' what am I doing? Right, I'm biting my lip and blowing air on it! Make that sound. Is you voice on or off? Right, it's off. (Show picture.) There was a quiet, friendly dragon who used to breathe out fire. One day, his bottom lip caught on fire! He bit it like this (bite bottom lip) and blew on it like this (make 'f' sound) and the fire went out! Now, he thinks that's a cool sound, so he walks around school all day, quietly making that lip biting sound. He thinks he looks cooler when he sticks his head out while he makes the sound. Stick your head out and make the sound 'Fffff.'"

Hand cue: Put fingers under the bottom lip you're biting, and stick out your head.